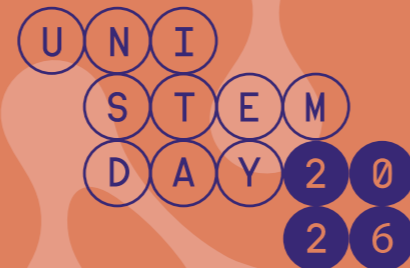


What is UniStem Day?

UniStem Day is a one-day meeting organized for high school students since 2009. This event, solely dedicated to the dissemination and outreach of stem cell science and research, provides an opportunity to foster learning, discovery and debate on the themes of knowledge and innovation starting from stem cell research. The event showcases cutting edge research, paints a picture of the daily work of a scientist, and explores the mechanisms behind scientific breakthroughs, including cultural expectations. By offering lessons, debates, visits at the laboratories and recreational moments, the students engage with the concepts and methodologies involved in stem cell research. Furthermore, they will gain an appreciation for science and how it can be fun and build personal character and relationships based on evidence, perseverance and integrity. As with previous years, UniStem Day 2026 will bring together universities and high schools from all over the world by involving 93 universities and research centres in Australia, Denmark, France, Germany, Hungary, Italy, Netherlands, Norway, Poland, Spain, Sweden and the United Kingdom.

UniStem is the Coordinated Stem Cell Research Center at the University of Milan, founded in 2006 by E. Cattaneo, G. Cossu, F. Gandolfi, and Y. Torrente. The Center aims to integrate, coordinate, and promote access to information related to the study of stem cells and their potential applications. UniStem Day is one of the scientific outreach activities promoted by the UniStem Center and this year, with its 18th edition, it will come of age. The theme of this year's edition, "Free to choose," is an invitation to students to feel free to build their own future and take the path that feels right for them, going beyond prejudices and social conventions.



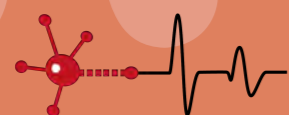
The neverending journey of stem cell research

March 20, 2026

UniStem Day

Patrocinadors

NeuroPlasticity & Regeneration



ciber | NED
CENTRO DE INVESTIGACIÓN BIOMÉDICA EN RED
Enfermedades Neurodegenerativas

Concepto y coordinació

uniStem
Università degli Studi di Milano Centro di Ricerca sulle Cellule Staminali



Gi Institut Guttmann

Terav ISCIII
Red Española de Terapias Avanzadas - TerCe

Coordinación en España

UNIVERSITAT DE BARCELONA

Terav+ ISCIIII
Red Española de Terapias Avanzadas - TerCe
Colaboración por la Unidad Española

Creatio

Production and validation
center of advanced therapies
UNIVERSITAT DE BARCELONA

UAB

Universitat Autònoma de Barcelona

Morning Session

➔ 09:00 – 09:15

Opening by the Coordinator
and welcome video

➔ 09:15 – 09:45

Greetings from
Dr. Xavier Navarro,
Emeritus Professor.
Neuroplasticity and Regeneration
Group, Institut de Neurosciències,
Universitat Autònoma
de Barcelona (UAB)
Advanced and regenerative therapies

➔ 09:45 – 10:10

Dr Joana García
PostDoc
Introduction. What is a Stem cell?

➔ 10:10 – 10:30

Dr Quim Hernandez
Tenure-Track Lecturer
iPSC, revolutionizing the Stem Cells

➔ 10:30 – 10:50

Dr Sergi Verdés
Postdoc
Gene therapy to solve diseases

➔ 11:00 – 11:30

Break

➔ 11:30 – 12:15

Play
Making an Organ with Stem Cells

➔ 12:30 – 12:50

Video Session
Stem Cells and Cell Therapy
Examples Cell Therapy

➔ 12:50 – 13:45

Dr Quim Hernandez,
Tenure-Track Lecturer,
Dr Joana Garcia,
PostDoc
*Advanced therapies,
the future of medicine.
What do we do in research?*

➔ 13:50

End of Unistem Day